

# Lesson 10: Social Animals

## Support Activity

Name \_\_\_\_\_

Date \_\_\_\_\_

Some ways I like to receive support are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

An example of something that doesn't feel supportive to me is:

1. \_\_\_\_\_

Some ways I am available to support someone else are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_